COVID-19 Guidelines for PMSD 2023-2024

Any student or staff member experiencing any of the following symptoms, should not report to school:

- 1. Fever of 100.4 or higher
- 2. Cough or sore throat
- 3. Chills
- 4. Vomiting or diarrhea

Any student or staff member who has been diagnosed with COVID-19 or another communicable disease, or is waiting for test results due to COVID symptoms, should stay home and notify your school nurse. At this time, Portales Municipal Schools will utilize the following CDC guidelines for a positive COVID-19 case:

- If a student or staff member has tested positive for COVID-19, they will be required to isolate for 5 days after the 1st day of symptoms. The first day of symptoms is considered day zero.
- If there is a positive test with no symptoms, the day of the test is considered day zero, and isolation will be required for 5 days after the positive results.
- Students or staff may return to school after isolation if their symptoms are improving, and they have been fever-free for 24 hours without the use of fever reducing medications.
- If symptoms have not improved, or fever is persisting, please notify your school nurse and see your healthcare provider for further guidance.

If your student tests positive, please notify your school nurse as soon as possible. Student's isolation days due to a positive COVID-19 test will be marked as remote learning, and these days will not count as an absence against the student. Teachers will work with students to make up missed work while the student is in isolation. Please reach out to Desiree Smith, Head Nurse, or Central Office administration with any questions.